











## Country Life Kids Camp

### EDventurer's Club After-School Instrumental Lessons

**Please Note:** All piano and guitar lessons require the appropriate musical instrument to participate. The courses "Music in Gaming" and "Music in Sports" does not require any accompanying instruments. However, some aspects of the course require musical creation through instrument or standard music software found on most devices.

Age Level	Program	Description
Ages 14-17	Intro to Piano Level 1 	This class is geared toward students that are brand new to playing piano. Learn the basics of piano such as treble and bass clef note reading. Tap into music theory discovering a fundamental core of music known as rhythm. Knowing how music works will enhance your creativity and develop your musical awareness. Gain skills in ear training which harnesses musicality and the ability to perceive and recognize piano sound. Then put your fingers to the test, playing a variety of basic 5-finger scales and chords used in popular music.
Ages 14-17	Intro to Piano Level 2 	Just as athletes need to warm-up before a game, musicians benefit from warm-ups as well! Learn what these warm-ups entail and discover how to apply these practices daily to improve performance. Have you ever considered how your fingers, hands, and body feel like while playing piano? Learn different piano techniques to increase agility, posture, and sound quality at the piano. Begin playing, practicing, and identifying octave scales and arpeggios. Then transfer your skills to learning short piano pieces and growing your confidence.
Ages 14-17	Intro to Piano Level 3 	Explore how to begin learning music efficiently and effectively through practice mindset techniques. We will incorporate discussions and demonstrations of piano techniques, scales, and ear training exercises. The keyboard instruments have a vast history of musical genres. We will uncover a brief history of the harpsichord and fortepiano. Then cover a variety of material and repertoire from baroque to popular music. Learn about the benefits of sight reading and discuss some tips and trips. Put your knowledge of piano to the test by incorporating sight reading exercises into your daily practicing. Choose your own piano piece and share the mastery of your skills.
Ages 14-17	Intro to Guitar Level 1 	No pain no gain! Guitar hurts our fingers when we first start playing! Discover how to make your fingers strong with guitar exercises and warm-ups. Learn how to read notes on a treble clef, play simple melodies, and begin to play basic chords. Learn C-Major and E-Minor scales that help with finger dexterity, fretboard mobility, and how to keep a steady tempo. Tap into music theory discovering a fundamental core of music known as rhythm. Knowing how music works will enhance your creativity and develop your musical awareness on the guitar.

<b>Ages 14-17</b>	<b>Intro to Guitar Level 2</b> 	<p>Now that your fingers are stronger, learn and incorporate new warm-ups into your daily practicing. Discover how to hold your pick and relax your arm while strumming. Discuss chord transition strategies that will help keep the flow of the music alive. Practice playing a basic down strum while transitioning chords. Continue to learn new songs in popular major and minor keys that use new notes, basic chords, and 7<sup>th</sup> chords.</p>
<b>Ages 14-17</b>	<b>Intro to Guitar Level 3</b> 	<p>What type of strum do you use the most when you play? We will have an intro to some popular guitar strums and incorporate them into your practicing.</p> <p>Learn the basics of fingerpicking, including what fingering to use. Build a foundation and start out simple. Combine your knowledge of guitar strums and fingerpicking styles. Practice playing these with a guitar strum or fingerpicking style of your choice. Now that you've learned most of the basic chords in root position and 7<sup>th</sup> chords, we will introduce how to play some of the most common barre chords. We will discuss practice and chord transition strategies for barre chords. Learn music that pushes you to play your best and shows off your strengths!</p>
<b>Ages 14-17</b>	<b>Music in Gaming</b> 	<p>Dig deeper into the different genres and styles of music used by video game makers to portray a certain scene, mood, or level. We will discuss the various musical techniques and elements utilized by composers that make a game and soundtrack not only memorable, but recognizable in any situation. Compose your own gaming melody and participate in listening challenges. Explore a variety of video games from MarioKart, Pac-Man, to Fortnite and Rocket League. Learn how to assemble a gaming PowerPoint or portfolio to create a story that unifies your composed gaming melodies and share it with your classmates.</p>
<b>Ages 14-17</b>	<b>Music in Sports</b> 	<p>Research indicates that preferred music during workouts enhances an athlete's performance. We will investigate the role of music in the sports industry and evaluate different genres of music found in the Super Bowl and Olympics. Use music to improve your athletic performance by evaluating the elements of music and modifying them to your advantage. Do you ever get stressed out before a championship game or trying out for a new team? Discover how to strategically use music listening and mindfulness techniques to your advantage before and after anxiety inducing sports scenarios.</p>